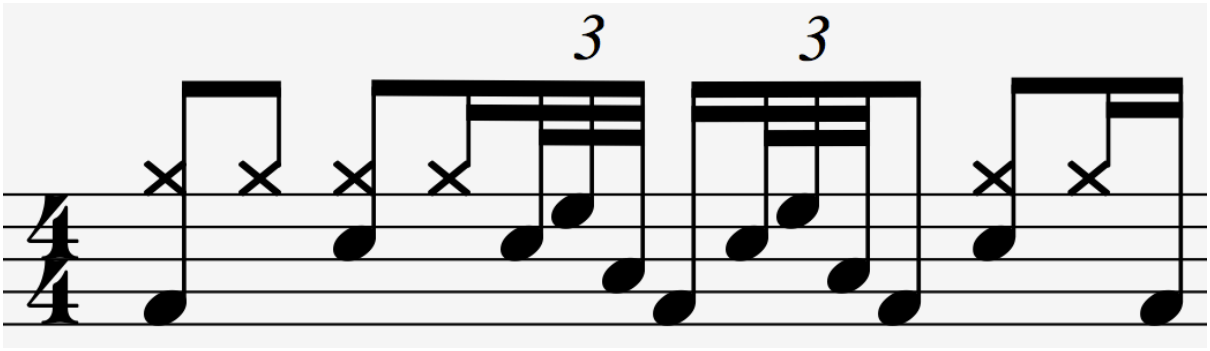USING:
THE 4 STROKE RUFF